

September Swim Lessons

Sign ups: Aug. 19th-Sep. 7th. **Classes Run:** Sep. 9th-Oct. 3rd.

No make up lessons are given unless the YMCA calls off the class, make ups are scheduled for October 7th-10th.

Class	Age	Computer Code	Days Offered	Times Offered
Water Stamina (Beginner)	Beginner 6-12 years old	AQWTRSTAM	Monday/Wednesday Evenings	5:30-6:00pm with Dee
Water Discovery (Beginner W/Adult)	Beginner 6 months + old	AQWTRDISCOV	Monday/Wednesday Evenings	5:30-6:00pm with Rachael
Stroke Introduction (Advanced Beginner)	Advanced Beginner 6-12 years old	AQSTROKIN	Monday/Wednesday Evenings	6:00-6:30pm with Dee
Water Acclimation (Beginner)	Beginner 3-5 years old	AQWTRACC	Monday/Wednesday Evenings	6:00-6:30pm with Clarissa
Stroke Development (Intermediate)	Intermediate 6-12 years old	AQSTROKDEV	Monday/Wednesday Evenings	6:30-7:00pm with Dee
Water Exploration (Young Beginner)	Young Beginner 2-3 years old	AQWTREXPLO	Monday/Wednesday Evenings	6:30-7:00pm with Clarissa
Water Stamina (Beginner)	Beginner 6-12 years old	AQWTRSTAM1	Tuesday/Thursday Afternoons	3:30-4:00pm with Colin
Stroke Introduction (Advanced Beginner)	Advanced Beginner 6-12 years old	AQSTROKIN1	Tuesday/Thursday Afternoons	3:30-4:00pm with Dee
Stroke Development (Intermediate)	Intermediate 6-12 years old	AQSTROKDEV1	Tuesday/Thursday Afternoons	4:00-4:30pm with Dee
Water Acclimation (Beginner)	Beginner 3-5 years old	AQWTRACC1	Tuesday/Thursday Afternoons	4:00-4:30pm with Colin
Stroke Technique (Advanced)	Advanced 6-12 years old	AQSTROKTEC	Tuesday/Thursday Afternoons	4:30-5:00pm with Dee
Water Stamina (Beginner)	Beginner 6-12 years old	AQWTRSTAM2	Tuesday/Thursday Evenings	6:00-6:30pm with Nancy
Stroke Introduction (Advanced Beginner)	Advanced Beginner 6-12 years old	AQSTROKIN2	Tuesday/Thursday Evenings	6:30-7:00pm with Nancy
Adults (All Levels)	All Levels 13+ years old	AQADULTS	Tuesday/Thursday Evenings	7:00-7:30pm with Nancy

Fee for Members
\$25 for 1 day a week
\$50 for 2 days a week

Fee for Non-Members
\$45 for 1 day a week
\$90 for 2 days a week

Swim Masks are never allowed in swim lesson classes.

Goggles without a nose piece in more advanced classes.

All parents must leave the pool deck during classes.
Parents may watch classes from the observation window in the lobby.

Please sign up by September 7th. No late sign ups will be accepted.

Instructors reserve the right to move a child to a different class if a more appropriate level is needed.