



# YMCA SWIM ATTIRE GUIDELINES

The Y is a place where all people of all walks of life can learn and love to swim, wearing a spectrum of colors, fabrics, and accessories. Below are pool guidelines to keep all swimmers safe and keep our pools healthy.

Examples of appropriate swim attire:



Bikini's



Two Piece



One Piece



Racing Suit



Full Coverage



Rash Guard Shirt



Brief



Jammers



Trunks



Disposable  
Swim Diaper



Reusable  
Swim Diaper

**Swimwear must be clean and designed for pool use only:**

- The YMCA does not allow swimmers of any age to enter the pool in street clothes.
- Swimmers must bring a change of clothes specifically designed for pool use.
- Swimsuits must not be transparent.

**All swimmers must take a shower before entering the water:**

- Taking a cleansing shower before entering the pool helps to keep dirt and germs out of the water.
- Hair and skincare products such as lotions, cologne, and make-up will cause chemical imbalances in the pools and should be removed before swimming.

If you have any questions or concerns, contact our Aquatics Director at 217.245.2141

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